

NORTH IDAHO HIGH ADVENTURE

INLAND NORTHWEST COUNCIL, BOY SCOUTS OF AMERICA

Whitewater Rafting & Jet Boat Tour



Float Down...

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High Adventure Participants:

Thank you for choosing the Inland Northwest Council North Idaho High Adventure Base for the outdoor experience of a lifetime.

Our whitewater rafting program has been the high adventure choice of troops, teams and crews for years. Once you've taken a trip on Idaho's amazing Lower Salmon River you will understand why. The incredible canyon beauty and challenging rapids are sure to satisfy your appetite for adventure. Our rafting trips also feature a jet boat ride on the Snake River through the world famous Hell's Canyon!

There are a lot of things that need to happen for you have the ultimate summer experience. Please refer to this guide frequently as you plan for your week on the river. Be sure to share important information with your Scouts and families.

Have a great summer!

Tim McCandless

Scout Executive



HELL'S CANYON Jet boat Ride



Jet boat Back!



**All boats, gear,
and food are
provided.**

North Idaho High Adventure

Introduction:

Salmon River White Water

The Nez Perce Indians called the Salmon River "Natsoh Koos" which means "Chinook Salmon Water" after the fish that once thrived there. This 53 mile rafting trip will leave you with a lifetime of memories. From Hammer Creek to the confluence with the Snake River the Lower Salmon falls from 1440 feet to 900 feet. It is a "pool and drop river", offering relaxing stretches of quietly moving current punctuated with the roar of white water rapids.

The canyon terrain is as varied as the river itself. The river flows through four distinct canyons: Green, Cougar, Snowhole and Blue Canyons. In these canyons, the walls are precipitous and rocky, and the river is narrow and fast. Most of the rapids occur here. Between the canyons the river is broader and slower, and the terrain is more open with rolling grassy slopes and rock outcroppings.

Hell's Canyon

After rafting the Lower Salmon you will have the thrill of a jet boat tour up the Snake River through Hells Canyon. This portion of the Snake is a nationally designated scenic river. Carved by the great Snake River, Hells Canyon plunges more than a mile below Oregon's west rim, and 8,000 feet below snowcapped He Devil Peak of Idaho's Seven Devils Mountains. There are no roads across Hells Canyon's 10-mile wide expanse, and only three roads that lead to the Snake River between Hells Canyon Dam and the Oregon-Washington boundary.

Pre-Trip Web Seminars

This is a great opportunity to get answers to last minute questions before your trip. These seminars will be in late June, 2014. Dates, times and registration information will be posted on the council website at www.NWScouts.org.



General Information & Policies

High Adventure Fees & Payment Schedule

Fees:

Fees are the same for youth and adults. The fee is \$650 per person. Required float size is 24 total participants.



Payment Schedule:

Reservation Payment:	To secure a camp reservation, submit a completed reservation form and a \$50 per person non-refundable deposit.
Second Payment:	The second payment of \$300 per person is due March 15, 2014
Final Payment:	Final payment of \$300 per person is due May 17, 2014.
Late Fees:	There is a \$50 per person late fee for fees received after May 17, 2014

*A perfect escape
with a mix of
fun-filled
excitement and
relaxation*

2014 White Water Rafting Dates

Monday Start Floats

Float 1: July 15-19

Float 2: July 22-26

Float 3: July 29-Aug 2

**Use of dry bags is
included in the fee!**

Camperships:

Inland Northwest Council Scouts may be eligible for a camp scholarship (campership). Camperships are available based on financial need and can be requested for up to half of the camp fee. Campership applications are available on-line at www.NWScouts.org

Refund Policy

All but \$50 of the fee is refundable through May 17th. No fees will be refunded after May 17th, 2014, unless there is an illness or injury documented by a medical doctor, a death in the family or relocation of the family out of the area. Since camp has already incurred expenses related to guides, program contracts and equipment rental, \$300 of the fee IS NOT REFUNDABLE REGARDLESS OF CIRCUMSTANCES after May 17th. The unit leader or camp coordinator must request all refunds in writing and submit to the Inland Northwest Council on or before the planned date of arrival in camp (letters may be submitted at check-in at camp.) NO REFUND REQUESTS WILL BE HONORED IF RECEIVED AFTER CHECK-IN. Fees are transferable to other participants as long as the total number of scheduled participants does not decrease.





Arrival Information

Plan to arrive Sunday or early Monday at Epley's Whitewater Adventures no later than 3:00PM. An adult leader from the group should be prepared to check in at 3:00PM. At check-in you will verify the number of youth and adult participants, confirm all payments have been received, and present all required paperwork. **Monday dinner & Tuesday breakfast will be provided for those camping at Epleys as well as the equipment for cooking the**

Epley's Whitewater Adventures is located at
1512 North Main in Riggins, ID.



The Salmon flows through wilderness back-country past abandoned mines and historical Native American sites.

Early Arrival Hiking Options

Seven Devils Wilderness Hiking Opportunities:

1. Boise 101 Trail to Heavens Gate Lookout. You will have a wonderful view of Hell's Canyon and the Seven Devils Mountains. This is a short but fun hike.
 2. Windy Saddle Trail to Cannon Lake. (check on the fishing before you go) Take Forest Road 517 just south of Riggins. This is a 3.75 mile hike. This is the primary access to the high country trails in the Seven Devils Mountains.
 3. West on 124 Trail to Middle Ridge Viewpoint. This is a 2.5 mile hike.
- All hikes may be accomplished on the first day of your adventures. These trails lead into the Seven Devils Wilderness area. There is lots of wildlife and some amazing scenery. All groups are divided into patrols of 8 to comply with government regulations of wilderness usage. We expect all units to comply with local laws and practice Leave No Trace ethics and adhere to the Outdoor Code. No guides or meals will be provided. These are unit led options.



These hikes are a great option to kick off an amazing journey down the "River of No Return"!

Participation Requirements

Participant Requirements:

- ⇒ Must be a registered member of the Boy Scouts of America.
- ⇒ Must be at least 13 years of age on January 1, 2014.
- ⇒ Must pass the standard BSA swim test, and be classified as a "swimmer", at least two weeks prior to arrival at camp.
- ⇒ Must be in good physical condition.
- ⇒ Must provide a BSA Annual Medical Form, Parts A, B & C signed by a physician no more than 12 months prior to the trip.
- ⇒ Must sign the "High Adventure Hold Harmless / Release Agreement". Participants under the age of 18 must have this form signed by a parent / legal guardian.

Unit Requirements:

- ⇒ Must provide proof of unit insurance.
- ⇒ Must submit a unit roster with final payment.
- ⇒ Must submit the "Swim Test Verification Form" at least two-weeks prior to the trip.
- ⇒ Units are responsible for transportation to and from Epley's Whitewater Adventures in Riggins, ID.
- ⇒ Must train all participants, including Scouts, in Safe Swim Defense and Safety Afloat prior to arrival.
- ⇒ Review the "Participant and Leaders Guide" prior to arrival.



Great High Adventure activity for troops, teams, crews & posts.

Transportation

Transportation to and from Epley's Whitewater Adventures in Riggins, ID is the responsibility of the unit. Listed below are a few charter bus companies that offer shuttle services to Riggins. They are listed for your convenience only, the Inland Northwest Council does not have agreements with them. Units are responsible for making their own travel arrangements.

Laidlaw (Spokane)

509-482-7270 ext. 0

Andra_arment@lpsg.com

Wheatland Express

800-334-2207

info@wheatlandexpress.com

Laidlaw (Boise)

208-854-5230

Emergency Contact

During the business hours of 9:00 a.m. to 5:00 p.m. on Monday through Friday call the Spokane Service Center at 1-800-945-4390 and ask for the Camping Department. Float guides will have a satellite phone available in case of emergencies on the river.

After normal business hours contact the Idaho State police at 208-772-8585 in the event of an extreme emergency.



The Schedule



*White sandy beaches...
stunning canyons!*

<p>Monday Pre-arrival</p> <p>Arrival</p>	<p>Optional Day Hiking in the Seven Devil Wilderness</p> <p>3:00PM Check-In (be prepared with required paperwork and outstanding payments)</p> <p>Monday program includes: orientation/safety training, shake down, load gear, check lists –personal & group, route discussion and, Dinner!</p>
<p>Tues, Wed, Thurs</p>	<p>Leave Hammer Creek 8:00 AM (Tuesday) On the river</p>
<p>Friday</p>	<p>On the river</p> <p>Late in the afternoon (time varies depending on river conditions and other factors) on day four the group will pull off the Salmon river to meet the jet boat. The jet boat generally comes around 4:00 PM. Be flexible.</p> <p>The jet boat will take the group up the Snake river through Hell's Canyon to Pittsburg Landing. At Pittsburg Landing the group will have a steak BBQ then board a shuttle and return to Riggins.</p> <p>You arrive back at Epley's Whitewater Adventures in Riggins to rest. You may spend the night, but no meals will be provided on Saturday morning.</p>
<p>Note: After 3:00PM on arrival day, scheduled times are approximate and subject to change.</p>	



Meals

Breakfast, lunch, and dinner are included in the participant fees. The first meal provided is dinner on arrival day (Monday), the last meal provided is the BBQ on Friday night.

On the trip participants cook meals and clean up. Meals are cooked on propane stoves and are planned to be easy.

Some snacks will be provided along the way. Participants may want to bring their own snacks (granola bars, trail mix, etc.).

Preparation

You've made your reservation! Now you're ready to plan for the ultimate summer adventure. Here are some things to remember as you plan for your trip.

December, 2013

- ◇ Collect fees for first payment from all. Track individual participant payments.
- ◇ Youth & adults need to review this guide.
- ◇ Begin to make travel arrangements.

January/ February, 2014

- ◇ Secure adult leadership.
- ◇ Give BSA Annual Health & Medical forms to all participants so they can arrange for needed physical exams.
- ◇ Hold a parents meeting to talk about program dates & times.
- ◇ Collect fees for final payment from all. Track individual participant payments.
- ◇ Submit 2nd Payment to the Inland Northwest Council.

March/April, 2014

- ◇ Reconfirm adult leadership.

May / June, 2014

- ◇ Participate in pre-trip web seminar
- ◇ Submit roster with your final payment.
- ◇ Plan a unit meeting and go through Safe Swim Defense and Safety Afloat
- ◇ Make the final payment by May 17th.

One Month Prior to Trip

- ◇ Confirm all medical exams have been completed. Collect completed forms.
- ◇ Finalize travel arrangements.
- ◇ Inventory unit equipment
- ◇ Confirm all participants are currently registered in the Boy Scouts of America.
- ◇ Conduct BSA Swim Test. All participants, youth and adults, must pass the BSA Swim Test prior to arrival at camp.

Two Weeks prior to Trip

- ◇ Tie up loose ends; ie. transportation, fees, equipment, etc.
- ◇ Submit any roster updates to the Inland Northwest Council.
- ◇ File tour permit with your local council.

The day you leave for camp

- ◇ Inspect personal packs, bags, and gear.
- ◇ Bring copies of unit rosters, payment receipts, medical forms, swim test verification form and all paperwork to camp.



Discover the ultimate white water rush!

Leave No Trace

This is a "Leave No Trace" high adventure trip. Participants are expected to be familiar with and practice the seven principles of Leave no Trace:

1. Plan Ahead and Prepare
2. Travel and Camp on Durable Surfaces
3. Dispose of Waste Properly
4. Leave What You Find
5. Minimize Campfire Impacts
6. Respect Wildlife
7. Be Considerate of Other Visitors



Wildlife

There is a wide variety of wildlife that may be encountered on your trip.

- ⇒ Rattlesnakes ~ avoid them! The guides carry extractor kits.
- ⇒ Mountain Sheep ~ we usually see these in Hell's Canyon.
- ⇒ Birds ~ Canyon Wrens, King Fishers, Swallows, Golden Eagles, Hawks.
- ⇒ Toads & Frogs
- ⇒ Fish ~ Many species of fish are found in the Salmon River, including steelhead trout, salmon, rainbow trout, smallmouth bass and catfish.
- ⇒ And more.





High Adventure Checklists

Arrival Day Checklist: required paperwork for check-in

Plan to check-in prepared with the following paperwork:

- ⇒ **Proof of Insurance:** All Out-of-Council units must present current accident insurance policy number and claim form.
- ⇒ **Tour Permit:** Units must present an approved, current Tour Permit.
- ⇒ **Unit Roster:** Completed copy of unit roster required.
- ⇒ **Medical Forms:** A completed, signed, BSA Annual Health Medical Form (Parts A, B, & C) is required for each participant. Unit maintains originals, please turn in copies.
- ⇒ **Swim Test Verification Form:** Verification forms must be signed and dated no earlier than April 1, 2014
- ⇒ **High Adventure Hold Harmless / Release Agreement:** Each participant must sign this agreement. Participants under the age of 18 must have this form signed by a parent or legal guardian.
- ⇒ **Epley's Adventures Liability Release Form:** Each participant must sign this agreement. Participants under the age of 18 must have this form signed by a parent or legal guardian.

Personal Gear Checklist:

**Pack light!
Space is limited in
your raft!**

Essentials:

- ⇒ Two or more water bottles with carabiners to attach them to the raft
- ⇒ Water purifier**
- ⇒ Waterproof sunscreen**
- ⇒ Lip balm (with sunscreen)*
- ⇒ Extra food (jerky, trail mix etc.)*
- ⇒ Personal first aid kit
- ⇒ Mosquito repellent**
- ⇒ Flashlight (extra batteries & bulb)
- ⇒ Sunglasses and strap
- ⇒ Hat with brim & strap
- ⇒ Sleeping bag (20-30°) and pad (compression straps or bags work well)
- ⇒ Tent with ground tarp (please share tents & keep # to minimum)**
- ⇒ Mess Kit with bowl, plate, cup, utensils (no other cooking gear is required)

Clothing:

- ⇒ Underwear
- ⇒ Socks – 1 pair hiking, 2 pair wool or fleece
- ⇒ Shoes – one pair sandals, 1 closed toed shoe (for in camp & hiking)

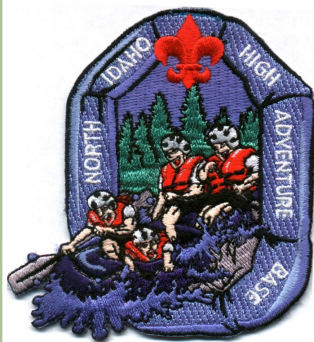
- ⇒ Shorts – 1 swim trunk (quick drying) and 1 pair for camp & travel
- ⇒ Shirts – 1 short, 1 long (to prevent burning & if you get cold)
- ⇒ Pants – 1 quick drying, 1 warm
- ⇒ Rain gear – jacket & pants or poncho

Toiletries:

- ⇒ Comb and Brush
- ⇒ Toothbrush and Toothpaste
- ⇒ Small quick drying bath towel
- ⇒ Wash cloth

Favorite Extras:

- ⇒ Book for personal reading
- ⇒ Squirt guns (water fights are great fun)
- ⇒ Small notebook & pen for journal
- ⇒ Waterproof, disposable camera
- ⇒ Nylon cord
- ⇒ Bandanas (1-2, come in handy)
- ⇒ Pocket knife
- ⇒ Frisbee (one per unit)
- ⇒ Fishing pole (collapsible) with small container of tackle/flyes. (No tackle boxes.)

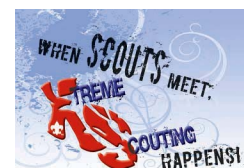


* keep these items handy in small dry bag for use while on river

** Great items to share among group members (pack light)

What NOT to bring:

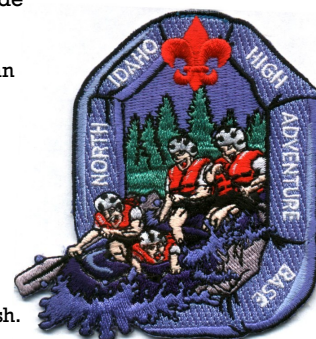
- | | |
|--------------------------------------------|--------------------------------------|
| ⇒ Soap or shampoo | ⇒ Sheath knives |
| ⇒ Portable electronics (iPods, games etc.) | ⇒ Fireworks |
| ⇒ Cell phones - there is NO coverage | ⇒ Alcohol, tobacco, or illegal drugs |
| ⇒ Electronics | ⇒ Firearms or Ammunition |



Frequently Asked Questions

- Q.** Do we take another swim test when we arrive at the river? **A.** No. Participants must pass the BSA swim test prior to arrival. Units must bring a completed and signed "Swim Test Verification Form".
- Q.** What time do we have to get up? **A.** This is your trip, so whatever time you wake up get breakfast cooked and the rafts loaded is when we will hit the river. We aim for 8:30-9:00 a.m. This time works out well because we can get off the river early enough to avoid the late afternoon up-river winds and it gives us a better chance at finding a good campsite.
- Q.** What is the weather like? **A.** **It can be quite hot!** 40-120 degrees ~ it's warm on the river but doesn't feel hot until you start hiking away from it. In calm spots, as long as it is o.k. with the guide, people can jump in and swim. **There is very little shade on the river and at the campsites.**
- Q.** Are there guides? **A.** Yes and they are all certified by the State of Idaho and the BLM
- Q.** What do we eat? **A.** Mon: Dinner: TBD
Tue: Breakfast: TBD
Lunch: chicken salad sandwiches, potato chips, lemonade
Dinner: Spaghetti with sausage, bread, salad with dressing
Wed: Breakfast: Scrambled eggs with cheese, sausage patty, orange juice
Lunch: Deli style sandwiches, chips, apple, lemonade
Dinner: Chicken Fajitas, rice, re-fried beans, Lemonade, Peach Cobbler
Thurs: Breakfast: Pancakes, bacon, fruit cocktail, grape juice
Lunch: Deli style sandwiches, chips, fruit punch
Dinner: Cheese Burgers, Dutch oven Potatoes, Apple Cobbler
Fri: Mountain man breakfast (eggs, potatoes, and bacon bits in dutch oven) juice.
Lunch: Deli Style sandwiches, chips, apple and fruit punch
Dinner: Steak, baked potato, Caesar Salad, Soda Pop (Dinner at Pittsburg Landing)
- Q.** Who cooks? **A.** Participants cook all the meals and clean up after themselves. We use propane stoves. Meals are planned to be easy.
- Q.** Is there a bathroom? **A.** Everything gets packed out! Scouts carry a SCAT bucket on their raft. This prevents cross contamination with food stored on the guide raft. Bucket is for solid waste.
- Q.** Is there an evening program? **A.** Scouts provide the evening program. We try to camp where we can swim. There are usually places to hike.
- Q.** Fishing licenses? **A.** Fishing licenses must be purchased in advance.
- Q.** Cell phones? **A.** There is no cell coverage on the river. Leave phones behind.
- Q.** Are water purifiers essential? **A.** Yes, absolutely.
- Q.** Do we need to bring dry bags? **A.** No, dry bags will be provided. You may bring your own if you wish.

**Jet boat
through Hell's
Canyon!**



Appendix



The following forms are provided for your convenience:

- ⇒ High Adventure Hold Harmless / Release Agreement
- ⇒ Swim Test Verification Form
- ⇒ Special Needs Form
- ⇒ Unit Roster
- ⇒ Sample Parents Letter

These forms may also be downloaded from our council website at:

These forms may be downloaded from the council website, but are not available in this leaders guide.

- ⇒ North Idaho High Adventure Reservation Form
- ⇒ Local Tour Permit
- ⇒ National Tour Permit
- ⇒ BSA Annual Health & Medical Form
- ⇒ Campership Application
- ⇒ Killgore Adventures Liability Release Form.

www.NWScouts.org

The following websites may be helpful as you plan your trip:

Inland Northwest Council

www.NWScouts.org Download forms, link to Safe Swim Defense / Safety Afloat training, and much more.

U.S. DEPARTMENT OF THE INTERIOR BUREAU OF LAND MANAGEMENT, ID:

http://www.blm.gov/id/st/en/prog/recreation/rivers/lower_salmon_river.html

This site has links to a lot of valuable information about the Lower Salmon, including great maps of our route.



411 W. Boy Scout Way
Spokane, WA 99201

Phone: 509-325-4562

Fax: 509-242-8233

E-mail:

marlene.schaefer@scouting.org



WE'RE ON THE WEB
WWW.NWSCOUTS.ORG

Inland Northwest Council

Boy Scouts of America

**High Adventure
Hold Harmless / Release Agreement**

I understand that the whitewater rafting trip operated by the Inland Northwest Council, Boy Scouts of America involves a certain degree of risk that could result in injury or death. In consideration of the benefits to be derived and after carefully considering the risk involved and in view of the fact that the Boy Scouts of America is a not-for-profit organization, I hereby release and hold harmless, and waive all claims I may have against the Inland Northwest Council, Boy Scouts of America, employees, volunteers or other organizations associated with the Salmon River whitewater rafting trip. This agreement does not, however, apply to any harm caused by negligence or willful misconduct of the Inland Northwest Council, Boy Scouts of America or its employees.

Signature of Participant

Date

Printed Name

Signature of Parent or Guardian
(required for those under 18 years of age)

Date

Printed Name

Picture Release Authorization (not required): I understand that by attending any summer camp program sponsored by the Inland Northwest Council, Boy Scouts of America, I consent to the use of photographs, film, videotapes, electronic representation and/or sound recordings made of me or my Scout during our time spent at summer camp and hereby release the Inland Northwest Council, Boy Scouts of America from any liability from such use and publication.

Parent/Guardian Signature: _____ Date _____

Sample Parents Letter

Dear Parents,

Your son/daughter will be attending the North Idaho High Adventure whitewater rafting trip, operated by the Inland Northwest Council, Boy Scouts of America the week of _____. The adult in charge for the week is _____, who will be attending with your son/daughter. Transportation arrangements are as follows:

We will be meeting at _____ on _____ at _____.
(meeting place) (departure day) (departure time)

Please do not be late as it is important that we stick to our travel itinerary.

We will be returning on _____ at approximately _____.
(return day) (return time)

Enclosed is a copy of the "What to Bring to Camp" list. Please be sure your son/daughter is prepared for the rafting experience. Please also notice the items that are listed under the section "What Not to Bring to Camp".

Also enclosed is a "Hold Harmless/Release Agreement". Please be sure to sign this form and return it to me by _____.

Your son/daughter must pass the BSA Swim Test prior to the trip. This is a strenuous activity.

If medication is being sent with your Scout please provide clearly written instructions for dispensing.

Be sure that you have updated your son/daughter's medical form within the past year. Be sure that a doctor has signed the medical form with the past year.

If there is anything that you would like me to know about your son/daughter before spending a week with him at camp please write me a note or feel free to call me at _____.

I am looking forward to spending a great week on the Salmon river. I know your Scout is going to have a memorable week.

In the event of a family emergency please call the Spokane Scout office at 1-800-945-4390 during business hours. During non-business hours call the Idaho State Police at 208-772-8585.

Sincerely,

Unit Leader